

**Faculty of Health**  
**Department of Psychology**  
**PSYC 3140 3.0 Section M: ABNORMAL PSYCHOLOGY**  
**Tuesdays & Thursdays, 2:30 to 5:30pm**  
**Remote Classes: June 30 to August 6, 2020**  
**Summer 2020**

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**Instructor and T.A. Information**

Instructor: Dr. Jennifer Lewin

Office: my office at home!

Office Phone: -

Office Hours: by appointment only (by Zoom)

Email: [jlewin@yorku.ca](mailto:jlewin@yorku.ca)

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Office		
Office Hours	By appointment	By appointment

**How to reach your instructor or teaching assistant:**

The preferred method contacting the teaching assistant or the instructor is via email. For missed tests, please email the course director. Additionally, email the course director regarding requests to use the alternate exam centre or any administrative issues (e.g., not enrolled in course, difficulty logging onto course website, etc.).

**Course Prerequisite(s): Course prerequisites are strictly enforced**

- HH/PSYC 1010 6.00 (Introduction to Psychology), with a minimum grade of C.
- Completed at least 54 earned credits

**Course Credit Exclusions**

Please refer to [York Courses Website](#) for a listing of any course credit exclusions.

**Course website: [Moodle](#)**

You will need a Passport York account to access the course website. Go to "moodle.yorku.ca" and type in your username and password information (Passport York account information) in the top right hand side of the page. After entering this information, your list of courses that use moodle will appear, click on "**HH/PSYC3140 M - Abnormal Psychology (Summer 2019-2020)**". You will then be logged into the psyc3140M course website.

**Course Delivery and Technical Course Requirements**

This course will be **remotely delivered**. This type of course delivery means there will be *no in-person interactions or any activities on York campus*. I will be teaching this course **synchronously** – which means that I will be holding "live" lectures via Zoom, where the

expectation is that we (me and all students) will meet during our scheduled lecture times outlined by the Registrar's Office's website. So, for PSYC3140M that means remote, live lectures will be held on Tuesdays and Thursdays during the afternoon, 2:30pm to 5:30pm, starting Tuesday, June 30<sup>th</sup>, 2020.

In order to fully participate in PSYC3140M you will need to have access to:

1. Stable, higher-speed internet connection
2. Computer (and or smart device) with webcam & microphone

Please note: during lectures, students will be muted, and depending on the lecture, every 20 minutes or so, I will answer questions you may have, which you can ask or type in the chat.

Please note: You can use online tests, such as SpeedTest, to determine the strength/speed of your internet connection.

Also, here are some useful resources, providing different York University computing information that may come in handy:

[Student Guide to Moodle](#)

[Zoom@YorkU Best Practices](#)

[Zoom@YorkU User Reference Guide](#)

[Computing for Students Website](#)

[Student Guide to eLearning at York University](#)

### **Course Description**

This course provides an overview of the etiology, symptomology, and treatment of the major clinical disorders. Students will be asked to consider the historically and socially constructed nature of mental illness. The examination of neurotic, psychotic, and personality disorders, as well as some developmental problems will also be covered. Additionally, identity problems, anxiety conditions, and learned (phobias, substance abuse, cultural deprivation, etc.) patterns of abnormal behaviour will be studied. Overall, this course is designed to provide you with an introduction to adult psychopathology and to develop your ability to think critically about issues pertaining to mental health.

### **Program Learning Outcomes**

Upon completion of this course, students should be able to:

1. Demonstrate in-depth knowledge of abnormal psychology.
2. Articulate trends in abnormal psychology.
3. Express knowledge of abnormal psychology in written form
4. Describe and explain limits to generalizability of research findings in abnormal psychology.
5. Demonstrate ability to relate information in abnormal psychology to own and others' life experiences.

## Specific Learning Objectives

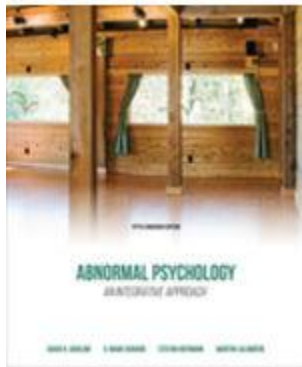
- 1) Defining and understanding the relatively fluid concept of abnormality and how both historical underpinnings and ongoing research continues to impact on this concept
- 2) Demonstrate knowledge of the history and current status of major paradigms in abnormal psychology, including the concepts and methods of each paradigm, as applied to the assessment, diagnosis, and treatment of abnormality
- 3) Will be given an opportunity to apply diagnostic criteria and examine how the disorder(s) developed, in addition to learning about current treatment methods

## Required Text

Barlow, D.H., Durand, V.M., Hofmann, S.G., & Lalumiere, M.L. (2018). *Abnormal Psychology: An Integrative Approach, 5<sup>th</sup> Canadian Edition*. New York: Nelson pub.

**ISBN-13: 978-0-17-665718-5**

**ISBN-10: 0-17-665718-5**



## Course Requirements and Assessment:

<b>ASSESSMENT</b>	<b>Date of Evaluation (if known)</b>	<b>WEIGHTING</b>
Workshop Reflection #1	July 7 or 9, 2020	5%
<b>Workshop Reflection #2</b>	<b>July 14 or 23, 2020</b>	<b>5%</b>
Test 1	Tuesday, July 21, 2020	30%
<b>Case Study Assignment</b>	<b>Friday, July 31, 2020</b>	<b>30%</b>
Test 2	During final exam period	30%
<b>TOTAL</b>		<b>100%</b>

Final marks are final and will not be adjusted in order to “boost” students into the next letter grade.

## **Description of Workshop Reflections**

### **Worth: 10% of final grade**

There will be two workshop written reflections that are worth 5% each. In order for students to be able to discuss and reflect on some of the course material in more detail, smaller zoom workshops with approximately 30 to 35 students will be held *the week of July 6<sup>th</sup>* (Workshop #1) and the *week of July 13* (Workshop #2).

The workshops will take place during the last hour of class time, from 4:30 to 5:30pm. You will be sent a separate invite with a separate link to join your particular workshop section. ***You cannot switch workshop sections!*** If you complete a workshop from another section, you will receive a grade of zero. During the workshop, you will engage in some sort of task – for example you will apply some of the concepts from a previous class to an applied situation or you may watch a short video and the workshop leader will post a couple of questions and moderate the class discussion on the topic. At the end of the workshop, the workshop leader will post the reflection question to answer. You will have until 10am the next morning to complete the workshop reflection and submit it via Turnitin on moodle.

Some more information regarding the workshops and reflections will be presented during Lecture 1.

## **Description of Test**

### **Worth: each Test is worth 30% of final grade**

Test 1 and Test 2 will consist strictly of multiple-choice questions based on class lecture slides, videos shown during lectures, as well as any demonstrations/discussions that take place during lecture and also textbook readings. Test 1 will be based on all lecture material and textbook readings assigned from Lectures 1 (June 30).to Lecture 6 (July 16). Testing for Test 1 will happen using Moodle. Further information regarding Test 1 will be discussed during Lecture 1 and updates will be provided under “Course Announcements” on moodle.

## **Description of Case Study Assignment**

### **Worth: 30% of final grade**

You will be assigned one of two case studies and asked to provide DSM-V diagnosis(es). In addition, you will be asked to provide a rationale for your diagnosis(es), how you ruled out particular disorders, and explain from one model of psychotherapy how you believe the person developed their diagnosis(es). The case studies and assignment instructions will be posted on moodle on Wednesday, July 8, 2020. The case study assignment will be due by Friday, July 31st, 2020, by 11:59pm, via Turnitin. More information regarding case study assignment will be discussed during Lecture 1. If you submit your assignment after the deadline, you will receive a 10% lateness penalty per day the assignment

## **BONUS MARK: Participation in the Undergraduate Research Participant Pool (URPP): Potential to earn an additional 2%!**

The URPP is the Department of Psychology's participant recruitment pool. Students' can earn marks to their overall grade in PSYC3140M (2%) based on participation in research via URPP. To earn the full 2%:

- **Participate in 4 hours of research** during the URPP Summer Term (June 29 th – August 12 th , 2020)
- Each 30-minute of research participation = 0.5 URPP Credit.
- A grade out of 2% will be calculated according to number of credits earned (out of 4).

Note: We recommend participating in research ASAP. Studies are posted throughout the term, but those who leave their URPP participation until the last-minute may be unable to earn full credits due to simple supply and demand.

### **HOW DO I GET A URPP ACCOUNT?**

- ☑Go to <http://yorku.sona-systems.com> and "Request an Account".
- ☑Use your York email address (@my.yorku.ca NOT @yorku.ca).
- ☑IMPORTANT: Ensure your student number and course section are input correctly.
- ☑Keep a record of your unique URPP ID code. This is an anonymous ID to ensure all data you provide are kept confidential and cannot be tied to you directly. Researchers need your URPP ID to provide credit.

### **Missed Tests/Exams/Late Assignment:**

For any missed test or late assignment, students MUST complete the following online form which will be received and reviewed in the Psychology undergraduate office.

[HH PSYC: Missed Tests/Exams Form](#). Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed test or late assignment.

***Attending Physician Statements (APS) will not be requested during the summer session due to COVID-19.***

### **Grading as per Senate Policy**

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests\* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 89, B+ = 75 to 79, etc.)

For a full description of York grading system see the York University Undergraduate Calendar - [Grading Scheme for 2019-20](#)

## Add/Drop Deadlines

For a list of all important dates please refer to:

<https://registrar.yorku.ca/enrol/dates/su20>

	<b>SUMMER (S2)</b>
Last date to add a course <b>without permission</b> of instructor (also see Financial Deadlines)	July 3
Last date to add a course <b>with permission</b> of instructor (also see Financial Deadlines)	July 10
Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)	July 29
Course Withdrawal Period (withdraw from a course and receive a grade of "W" on transcript – see note below)	July 30 - August 12

***\*Note:** You may withdraw from a course using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as "W". The withdrawal will not affect your grade point average or count towards the credits required for your degree.*

### Information on Plagiarism Detection

The university has subscribed to the Turnitin service which helps professors identify internet plagiarism and helps students maintain academic integrity. The work submitted by you in this course will be submitted through Turnitin via moodle.

### Electronic Device Policy

This course will be delivered in an online format and therefore electronic devices (e.g., tablets, laptops) as permitted during class time for course-related purposes. It is expected that you would complete tests/exams in a manner that does not require consulting an unauthorised source during an examination.

### Attendance Policy

Attendance is encouraged but not mandatory. Lectures are designed to provide clarification of particular topics and/or to supply you with additional material to extend your understanding of certain topics. They are **not** designed to cover all the material presented in the textbook. If you do not attend a lecture(s), regardless of the reason, you are responsible for all information that has been presented during class. The course director will not provide completed class slides or any type of class notes due to missed classes regardless of the reason for missing class.

## Academic Integrity for Students

York University takes academic integrity very seriously; please familiarize yourself with [Information about the Senate Policy on Academic Honesty](#).

It is recommended that you review Academic Integrity information [SPARK Academic Integrity modules](#). These modules explain principles of academic honesty.

## Test Banks

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as “Cheating in an attempt to gain an improper advantage in an academic evaluation” (article 2.1.1 from the Senate Policy) and/or “encouraging, enabling or causing others” (article 2.1.10 from the Senate Policy) to cheat.

## Academic Accommodation for Students with Disabilities

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The university encourages students with disabilities to register with ***Student Accessibility Services (SAS)*** to discuss their accommodation needs as early as possible in the term to establish the recommended academic accommodations that will be communicated to Course Directors as necessary. **Please let me know as early as possible in the term if you anticipate requiring academic accommodation so that we can discuss how to consider your accommodation needs within the context of this course.**

<https://accessibility.students.yorku.ca/>

## Excerpt from Senate Policy on Academic Accommodation for Students with Disabilities:

1. Pursuant to its commitment to sustaining an inclusive, equitable community in which all members are treated with respect and dignity, and consistent with applicable accessibility legislation, York University shall make reasonable and appropriate accommodations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. This policy aims to eliminate systemic barriers to participation in academic activities by students with disabilities.

All students are expected to satisfy the essential learning outcomes of courses. Accommodations shall be consistent with, support and preserve the academic integrity of the curriculum and the academic standards of courses and programs. For further information please refer to: [York University Academic Accommodation for Students with Disabilities Policy](#).

## **Course Materials Copyright Information**

These course materials are designed for use as part of the PSYC3140M course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).



## Course Schedule

- Lecture 1: June 30: Chapter 1: Abnormal Behaviour in Historical Context
- Lecture 2: July 2: Chapter 2: An Integrative Approach to Psychopathology
- Lecture 3: July 7: Chapter 3: Clinical Assessment & Diagnosis  
**Workshop #1 for Sections A, B, and C (4:30 to 5:30pm)**
- Lecture 4: July 9 Chapter 5: Anxiety, Trauma- and Stressor-Related, and Obsessive Compulsive Related Disorders  
**Workshop#1 for Sections D, E, and F (4:30 to 5:30pm)**
- Lecture 5: July 14: Chapter 7: Mood Disorders and Suicide  
**Workshop #2 for Sections A, B, and C (4:30 to 5:30pm)**
- Lecture 6: July 16: Chapter 6: Somatic Symptom & Related Disorders & Dissociative Disorders  
**Workshop #2 for Sections D, E, and F (4:30 to 5:30pm)**

**Test 1: Tuesday, July 21 : Chapters 1, 2, 3, 5, and 7, and lecture material for lectures 1-5 & video material**

- Lecture 7: July 23: Part of Chapter 8: Eating Disorders  
Part of Chapter 10: Gender Dysphoria
- Lecture 8: July 28 Chapter 11: Substance Related/Addictive Disorders
- Lecture 9: July 30: Chapter 12: Personality Disorders

**\*\*\* CASE STUDY ASSIGNMENT DUE: Friday, July 31<sup>st</sup> by 11pm via Turnitin \*\*\***

- Lecture 10: August 4 Chapter 13: Schizophrenia Spectrum & other Psychotic Disorders
- Lecture 11: August 6 Chapter 16: Mental Health Services: Legal & Ethical Issues

**Test 2: during exam period: Chapters 6, part of chapter 8 (pg.), part of chapter 10 (pg.), Chapters 11, 12, 13, and 16 and lecture material from Lecture 6 to Lecture 11 and video material**